

2010 University of West Georgia Navy Lacrosse Camp

The Academy Lacrosse Camp will offer campers an opportunity to learn from the nation's top lacrosse coaches & players. Over the years we have observed the nation's best H.S programs require their players to attend camp as a team starting in middle school. This philosophy provides a consistency not present in programs where players go off to camp on their own; our new program is designed to develop team concepts. Although directed towards teams, individuals are still welcome and will be placed on Camp teams learning the same concepts to bring back to their home team. Following is information about the camp, The day and overnight program is the same, we offer a day camp as an option for those not interested in staying over. More information is available in the "FAQ" link on our website. You will receive a detailed email one week before camp with specific check-in information.

Overnight Camp \$575.00 Day Camp \$550.00

Dorm: Strozier Hall http://www.westga.edu/index_map.php

Directions: http://www.westga.edu/index_directions.php

Google Map:



Schedule:

GA	Saturday 6/12/2010	Sunday 6/13/2010	Monday 6/14/2010	Tuesday 6/15/2010	Wednesday 6/16/2010
700					
730			Wake-up	Wake-up	Wake-up
800			Breakfast	Breakfast	Breakfast
830		Registration	Breakfast	Breakfast	Breakfast
900		Registration	Attendance	Attendance	Attendance
930		Attendance	Session 4	Session 6	Session 10
1000		Session 1	Session 4	Session 7	Session 10
1030		Session 1	Session 4	Session 7	Session 10
1100		Session 1	Session 4	Session 7	Session 10
1130		Session 1	Session 4	Session 7	Check-Out
1200		Lunch	Lunch	Lunch	
1230		Lunch	Lunch	Lunch	
1300		Attendance	Attendance	Attendance	
1330		Session 2	Session 5	Session 8	
1400		Session 2	Session 5	Session 8	
1430		Session 2	Session 5	Session 8	
1500	Staff Arrives	Session 2	Session 5	Session 8	
1530	Staff Training	Session 2	Session 5	Session 8	
1600	Staff Training	Rest	Rest	Rest	
1630	Staff Training	Dinner	Dinner	Dinner	
1700	Staff Training	Dinner	Dinner	Dinner	
1730		Attendance	Attendance	Attendance	
1800		Attendance	Attendance	Attendance	
1830		Session 3	Session 6	Session 9	
1900		Session 3	Session 6	Session 9	
1930		Session 3	Session 6	Session 9	
2000		Session 3	Session 6	Session 9	
2030		Session 3	Session 6	Session 9	
2100		Rest	Rest	Rest	
2130		Pizza	Pizza	Pizza	
2200		Pizza	Pizza	Pizza	
2230		Room Check	Room Check	Room Check	
2300		Lights Out	Lights Out	Lights Out	